

Re-imagining Neuro-Inclusive Futures

Embracing Intersectional Neuro-affirming Practice

A beginning conversation



- Explore neurodiversity and neurodivergent wellbeing from lived experienced voices
- Reflect on the neurodiversity paradigm shift and working in a neuro-affirming way
- Learn from lived experience, clinical practice, and current research.

Overview

This 5-hour professional development workshop will offer lived experienced perspectives on the neurodiversity paradigm, neurodivergent wellbeing and will explore how to apply neuro-affirming principals in your work and everyday life . This training is a special event for Whitecliffe Students, staff and the arts therapy community.

Key Learning Points

- Understanding neurodiversity
- The neurodiversity paradigm and movement
- Explore intersectional perspectives
- Neurodiversity definitions
- Neurodivergent strengths
- Masking and unmasking
- Understanding neuronormativity
- Neuro-inclusion
- Neurodivergent statistics
- Neurodivergent affirming principals
- Explore neuro-affirming practice
- Reflection on how to embrace neuro-affirming language, goals, strategies and processes in your practice to support neurodivergent authenticity and wellbeing

When: Saturday 15th Feb

Time: 10 am – 4 pm

Where: Whitecliffe School of Art and Design
3 Osterley Way, Manukau, Auckland

Fees: \$125 (incl. GST) (Limited spaces)

This one day training includes tea, coffee, PD certificate and copy of slides. To keep costs low please bring your own food for the day..

The Facilitator

Abigail Raymond (she/her)

Neurodivergent (AuDHD, dyslexic) queer counsellor, arts therapist, clinical supervisor, trainer and mother based in Tāmaki Makaurau. My practice combines lived experience with professional training, research, and two decades of clinical experience. I work with whānau, schools, organisations, and professionals to develop intersectional neuro-inclusive and affirming supports that empower neurodivergent individuals. In my private practice I provide neuro-affirming support for parents of autistic and neurodivergent children, clinical supervision for professionals, and training on neurodivergent and queer affirming practice. I am a full member and approved supervisor with both NZAC and ANZACATA.

