

# Te Tiriti in Practice Workshop - 1 day

*A call to action: Moving towards restorative systems change and a Tiriti-based Aotearoa*



*Join us to explore our roles in moving towards a Tiriti-based Aotearoa where all people can flourish, and together develop an intentional community of practice, support, and care for taking collective action.*

## Overview

This one day workshop will be facilitated by Rebecca and Louise from The Pākehā Project and is being hosted by Claire Caiger and Abi Raymond. This workshop is designed to develop our capacities for deep reflection and meaningful action towards restorative systems change, underpinned by Te Tiriti o Waitangi. This interactive workshop will be delivered in trauma-informed ways by facilitators who are skilled at helping navigate the emotional territory that is necessary for dealing with uncomfortable material. Participants will be supported to consider the practical ways they can each participate in unpicking colonisation and racism and work towards an ethic of restoration in Aotearoa so that all can flourish. The workshop is underpinned by a model of restorative systems change, called Haumanu, where we work as the system, not on it, within a paradigm of healing.

## Key Learning Points

- Explore relationality and worldview
- The nervous system as map for working with activation
- Systemic racism, the orthodox Western worldview—its whakapapa and how it shows up in ourselves, our systems and society
- Our roles as tangata Tiriti in restorative systems change for a Tiriti-based future
- Setting up an ongoing community of peer support

**When:** Saturday the 1st of March 2025 - 9:30am-4:30pm

**Where:** Independent Living, 14 Erson Ave, Royal Oak, Auckland

**Investment:** \$295 (including GST) per person. We don't want cost to be a barrier to your participation, please contact Abi or Claire to discuss options including payments and or sliding scale. Note: There are limited spaces available in this workshop and places are by invitation only.

This one day training includes pre-workshop reflective questions, morning tea, lunch and afternoon tea and post workshop ongoing exercises. There be an optional post workshop community dinner for an additional koha.

## The Facilitators

**Rebecca Sinclair** is Co-founder of the Pākehā Project and Honorary Research fellow at Massey University Wellington. The former Director Academic and Deputy Pro Vice-Chancellor of the College, she has 27 years' experience in creative arts pedagogy and leadership. Her research focuses on the role of Pākehā in decolonisation and honouring Te Tiriti, and how to give effect to that in practice. She works with an understanding of complexity, embodied and collective intelligence, the nervous-system, collaboration, and systems-change, with a particular focus on working across difference. She loves helping people connect with themselves, each other, and the more-than-human world—doing the hard and delicate work of belonging together. Rebecca is an experienced educator and workshop facilitator and is adept at bringing people together to engage in reflection, deep discussion and idea generation. She is committed to an ethic of relationality and restoration. Of Pākehā (Scottish and English) descent, Rebecca lives in Te Whanganui-a-Tara.

**Louise Marra**, Co-founder of The Pākehā Project, has leadership experience spanning all sectors, having held senior leadership and governance roles within Government, the private sector, philanthropy and the NGO sector. Louise set up the Auckland Policy Office for Government, running it for 10 years, and then worked for DPMC in the Policy Advisory Group, as an advisor to the Prime Ministers. Since, Louise has studied collective and intergenerational trauma and somatic therapies for many years and runs her own company, Unity House. Louise is also a founder of a social enterprise, the Emerge Institute, and ReRoot, a catalyst for the Centre for Social Impact and the former Director of the New Zealand Leadership Programme. Louise describes herself as a braided river, coming from both Ngāi Tahu and Ngāti Pākehā whakapapa. Her work has been committed to dismantling and dissolving dominant paradigms and structures to help heal colonisation and bring about a co-created world where all people and beings can thrive.

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